

SEND NEWSLETTER



SEPTEMBER 2023

EARNING AND FLOURISHING TOGETHER PDET

Welcome back to a new year at St. Andrew's, and a warm welcome to all of our new families in Early Years! Last year, you told us that you'd appreciate a newsletter with hints, tips and signposts to support for your families, so we've created the first of our monthly updates for SEND and wellbeing.

OUR TEAM

Our SEND & wellbeing team is made up of Shelley Hannant, our SENDCo, Chris Parfitt, our Family Support Worker and Louise Tartaglia, our Mental Health Lead. You can contact the SENDCo on s.hannant@standrews.pdet.org.uk



SHELLEY



LOUISE



CHRIS



SEND COFFEE MORNING

All parents are invited to our first coffee morning on Friday 22nd September, 8.45-9.45am. Please come through the front office after drop off to sign in. A warm & friendly place to chat, ask for advice & find out what is on offer in our school.

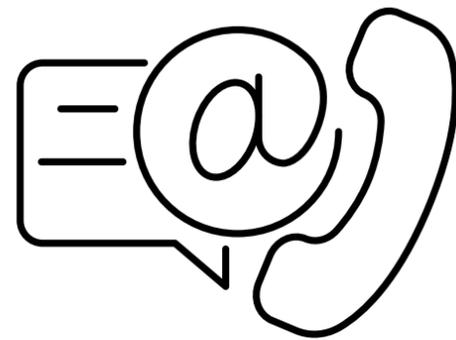
USEFUL CONTACTS

IASS Northamptonshire, the free SEND information & advice service.

0300 373 2532 sendiass@northnorthants.gov.uk

<https://eric.org.uk/> for help with toileting, potty training and continence

The National Sleep Helpline 03303 530 541



EVENTS

Follow **Northamptonshire Local Offer** on Facebook for up-to-date news and events for SEND families.

There is a **family fun day** this Saturday, 9th September at the John Lowther Centre, and **Stepping Stones** courses between October & December in Kettering. See below for details.

[Click here](#) to book onto **parent courses from Northamptonshire SEND Support Service**. (Includes anxiety, autism, food, sleep, emotional regulation, toileting & puberty.)



NORTHAMPTONSHIRE CHILDREN'S TRUST STEPPING STONES COURSES

| | |
|---|---|
| THORPLANDS CHILDREN'S CENTRE, NORTHAMPTON | 12 SEPTEMBER 2023 TO 7 NOVEMBER 2023 TUESDAYS (12.45PM-2.45PM) |
| MONTAGU CHILDREN'S CENTRE, KETTERING | 5 OCTOBER 2023 TO 7 DECEMBER 2023 THURSDAYS (12.30PM-2.30PM) |
| DAVENTRY CHILDREN'S CENTRE | 17 JANUARY 2024 TO 13 MARCH 2024 WEDNESDAYS (9.30AM-11.30AM) |
| PENRITH CHILDREN'S CENTRE, WELLINGBOROUGH | 2 FEBRUARY 2024 TO 5 APRIL 2024 FRIDAYS (9.30AM-11.30AM) |
| NEWTON ROAD CHILDREN'S CENTRE, RUSHDEN | 16 APRIL 2024 TO 11 JUNE 2024 TUESDAYS (9.30AM-11.30AM) |
| BLACKTHORN CHILDREN'S CENTRE, NORTHAMPTON | 4 JUNE 2024 TO 30 JULY 2024 TUESDAYS (12.45PM-2.45PM) |

FOR PARENTS / CARERS OF DISABLED CHILDREN (AGED 2 TO 12 YEARS) WITH DEVELOPMENTAL DISABILITIES, SENSORY IMPAIRMENTS, OR PHYSICAL IMPAIRMENTS. FOR INFO AND TO BOOK, EMAIL CFSS@NCTRUST.CO.UK

TOP TIPS

Toilet training: Try sitting your child on the toilet & blowing bubbles around 20-30 minutes after a meal to help empty bladder and/or bowels

Share a story... studies show that children who read for 15-30 minutes per day learn 5.7 million words by the time they are 18... and a staggering 13.7 million words if they read for 30 minutes!

