



*St Andrew's C. E. Primary School*  
*Grafton Street, Kettering, Northants NN16 9DF*

*'Where young minds grow and young hearts learn to care'*



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Monday 27<sup>th</sup> March 2017

Dear Parents and Carers,

Next term ..... will be taking part in cooking lessons on a Wednesday afternoon.

We will be learning about healthy eating and encouraging the children to try foods they may not have eaten before. We will also look at where different ingredients come from and methods used in the cooking process.

The ingredients are provided by school but your child will need to bring a named container every week so that they can bring home their lovely dishes. They will not be able to bring home the dishes without one. At the end of the term, we have been invited to take the children to Asda. This will be during normal school hours.

Cooking is now part of the curriculum and we are really looking forward to supporting the children in learning a valuable life skill in our studio.

Please complete the bottom of this letter and return it to school by Wednesday 19<sup>th</sup> April 2017.

Your child will not be able to take part in the cooking sessions without it being returned.

If you have any questions, please do not hesitate to ask me.

Kind regards

Miss N Whysall

Year 3 & 4 Cooking lessons

I give permission for ..... to visit Asda as part of the cooking lessons.

Please indicate below if your child is not able to eat any foods.

My child has an allergy/intolerance to .....

My child is a vegetarian/must not eat .....

Parent's signature..... Date.....